

HOW TO STORE *Essential Oils*

Remember the 4 Cs

1 COOL

- ◆ avoid heat and sunlight
- ◆ keep in amber cobalt or dark-colored bottles
- ◆ store in a bathroom or kitchen cabinet away from heating elements
- ◆ wooden storage boxes also help to keep oils safe and dark

2 CAPPED

- ◆ tightly capped to prevent evaporation
- ◆ orifice reducers help regulate drops and prevent evaporation
- ◆ oxidation will occur if you allow air to penetrate the bottle

3 CENTERED

- ◆ bottles upright to prevent breakdown of plastic orifice reducers/caps
- ◆ citrus oils notoriously eat through low-grade plastic
- ◆ high-grade plastics used with EOs are labeled 1 PETE or 2 PETE
- ◆ erosion over time can still happen

4 CONTAINED

- ◆ glass or stainless steel containers ONLY
- ◆ tightly-capped to prevent leakage
- ◆ carrying cases are the best for travel